

DUAL CERTIFICATION

1000-Hour Dual Therapy Program

March 15, 2010 - March 6, 2011

The Academy reserves the right to change times, instructors and classes at any time.

WEEKS	TIMES	Term 1: March 15, 2010 - May 9, 2010					
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. Mar 15-21	9-1pm						
2. Mar 22-28						Comm. & Ethics I wks 1-5	CPR/ 1st Aid TBD 9 am - 5 pm
3. Mar 29- Apr 4	Polarity Bodywork	Polarity Bodywork	Kinesiology/ AP	Polarity Bodywork	Trauma Intro wks 6-8 9 - 11 am		
4. Apr 5-11	1-2pm	<i>L U N C H</i>					
5. Apr 12-18						Physiology/ AP 11 - 1 pm	
6. Apr 19-25	2 - 5:30					Clinic Training	
7. Apr 26- May 2							
8. May 3-9							

WEEKS	TIMES	Term 2: May 17, 2010 - July 4, 2010					
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. May 17-23	9-1pm						
2. May 24-30		Polarity Bodywork	Polarity Bodywork	Energetic Nutrition & Stretching Postures	Polarity Bodywork	Physiology/ AP 9-11 am	Student Clinic 9 am - 5 pm wks 2, 4, 6
3. May 31- Jun 6	Business 1 11 - 1 pm wks 2-6				Business 1 11 - 1 pm		
4. Jun 7-13	1-2pm	<i>L U N C H</i>					
5. Jun 14-20					Student Clinic 5pm-9:30pm	Student Clinic 3pm-7pm	
6. Jun 21-27							
7. Jun 28-Jul 4							

WEEKS	TIMES	Term 3: July 12, 2010 - August 29, 2010					
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. Jul 12-18	9-1pm						
2. Jul 19-25		Polarity Bodywork wks 1-6	Polarity Bodywork	Energ. Nutr. & Str. Post.	Polarity Bodywork	Phys/ AP 9-11 am	Student Clinic 9 am - 5 pm wks 2, 4, 6
3. Jul 26- Aug 1	Prof. Devel. wk 7		Prof. Devel. wk 7		Comm. & Ethics II 11-1pm wks 1-3		
4. Aug 2-8	1-2pm	<i>L U N C H</i>					
5. Aug 9-15					Student Clinic 5pm-9:30pm	Student Clinic 3pm-7pm	
6. Aug 16-22							
7. Aug 23-29							Craniosacral Aug 22 - 29 Sun & Thur: 6-10 pm Mon-Wed 9 am - 6 pm Fri - Sun 9 am - 6 pm

Program Courses with Hours

POLARITY BODYWORK.....	267.0	MASSAGE.....	206.0
COMMUNICATION & ETHICS.....	24.0	PROFESSIONAL ETHICS & BUS. I	27.0
ENERGETIC NUTRITION	26.0	PROFESSIONAL ETHICS & BUS. II	12.0
STRETCHING POSTURES	26.0	PROFESSIONAL DEVELOPMENT.....	10.0
ORTHODOX ANATOMY	95.0	CRANIO-SACRAL.....	56.0
INTRO TO TRAUMA.....	6.0	STUDENT CLINIC.....	210.0
ANATOMY AND KINESIOLOGY.....	108.0	POLARITY SESSIONS RECEIVED.....	15.0
RELATED BODYWORK.....	34.0		
BODY MECHANICS.....	27.0	TOTAL HOURS	1149.0

DUAL CERTIFICATION

1000 Hour Dual Certification Program

March 15, 2010 - March 6, 2011

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WEEKS	TIMES	Term 1: September 7, 2010 - October 31, 2010					
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. Sept 6-12	9-1pm						Reflexology 1 Oct. 2-3, 2010 (9 am - 6 pm) Sat & Sun
2. Sept 13-19		Body Mechanics wks 1-6	Massage 1		Massage 1		
3. Sept 20-26	1-2pm	Massage 1 wks 7-8					
4. Sept 27- Oct 3		<i>L U N C H</i>					
5. Oct 4-10	2 - 5:30						
6. Oct 11-17							
7. Oct 18-24							
8. Oct 25-31							

WEEKS	TIMES	Term 2: November 8, 2010 - January 16, 2011					
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. Nov 8-14	9-1pm						Student Clinic 9 am - 5 pm wks 2, 4, 6
2. Nov 15-21		Kinesiology/ AP 11 AM - 1 PM wks 2-6 OFF	Massage 2	Kinesiology/ AP	Massage 2		
Break Week Nov 22-28	1-2pm	<i>L U N C H</i>					
3. Nov 29- Dec 5							
4. Dec 6-12	2 - 6pm wks 1 - 4				Student Clinic 5pm-9:30pm	Student Clinic 3pm-7pm	
5. Dec 13-19 Holiday Break Dec 20-Jan 2	2-7:15pm wks 5 - 7						
6. Jan 3-9							
7. Jan 10-16							

WEEKS	TIMES	Term 3: January 17, 2011 - March 6, 2011					
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. Jan17-23	9-1pm						Student Clinic 9 am -5 pm wks 2, 4, 6
2. Jan 24-30		Kinesiology/ AP wk 1-6	Massage 3	Kinesiology/ AP wk 1-6	Massage 3		
3. Jan 31- Feb 6	1-2pm	<i>L U N C H</i>					
4. Feb 7-13							
5. Feb 14-20	2-7:15pm wks 1 - 7				Student Clinic 5pm-9:30pm	Student Clinic 3pm-7pm	
6. Feb 21-27							
7. Feb 28- Mar 6						Ortho-Bionomy Jan. 22-23, 2011 (9 am - 6 pm) Sat & Sun	